

# Jesus on Call at the Clinic of Pure Hearts



Dear readers of Love One  
Another Magazine:  
The Movement of Pure Hearts  
(MPH) is a true revolution of  
love. Jesus Himself launched it  
the very moment he was born  
in Bethlehem. True God became  
true man, uniting Himself with  
each one of us, healing, purging  
our hearts of all evil, and  
enabling us to love others and  
know the joy of pure love.

The Movement of Pure Hearts is the  
world's greatest heart clinic. It is here that  
Jesus heals hearts wounded through sin.  
Here He purifies, transforms hearts with  
His love, and turns human beings into  
marvelous creatures of inimitable beauty  
radiating pure love. When people entrust  
their hearts to Jesus, they submit to His  
cure of prayer and the Sacraments of  
Penance and the Eucharist, and experience  
within themselves the miraculous birth of  
the One, True, Pure Love. A person who  
loves with a pure love radiates celestial  
beauty. Those who unite themselves with  
Jesus, and remain in sanctifying grace,  
partake of the captivating beauty of this  
pure love. That is why, if we join the  
MPH, we agree to remain in a state of  
sanctifying grace at all times, and, if we  
should give in to temptation and commit  
a serious sin, we seek the Sacrament of  
Reconciliation without delay.

The Clinic of Pure Hearts is always  
open for emergencies. You can call on  
Jesus at any time of the day or night.  
There are no hopeless cases, since Christ  
heals the worst wounds, restores the most  
gravely ill to health, frees people from the



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most desperate situations. All you have to do is trust in Him. *"The more you trust – He tells Saint Faustina – the more you will receive. [...] The greater the poverty, the greater the right to my mercy. Persuade all souls to trust in the boundless depths of my mercy, for I desire to save them all"* (Diary, 1182).

Every day our editorial office receives letters from young people declaring their membership in MPH. Below are some excerpts from these letters:

*Today I have decided to join MPH. I want Jesus to heal my torn and hardened heart. Please pray for me. Isabelle;*

*Thanks to reading your magazine, I would like to be enrolled in the Book of Pure Hearts. Even though I am just 15 years old, I decided long ago to offer up my purity as a wedding gift to my husband. A difficult task awaits me, but I believe Christ will help me. Belonging to MPH will help me avoid sin in word, deed, and thought. I will struggle with all the temptation around me, and pray for strength and perseverance for all members of MPH. I want to love with a pure heart, and thus come closer to Jesus. Please enter my name in the Book of Pure Hearts. Magda;*

*Please receive me into MPH. Thank*

*you for this apostolate, which is forming a new generation. I support it with all my heart, and believe that this bond with like-minded people will teach me the meaning of real love. Christopher, aged 22;*

*My name is Peter. Margaret and I plan to be married. We have been seeing each other every day for three months. Unfortunately, both of us have had trouble being chaste, and at times have gone a step too far. [On 22 October 2003, Peter wrote again:] After reading Love One Another again, my fiancée and I had a very serious talk. As a result, we went to confession, received Holy Communion at Mass, and said the Prayer of Pure Hearts. We want to abide by the principles of MPH for the rest of our lives. We ask for your prayers and moral support. Peter;*

*For four years I have been going out with a great guy, I thank God for him every day. We have both decided to pledge our chastity to Jesus. This is not easy, but I know that our love comes from Jesus, and that is why it will last. Together with Jesus we will overcome this sin, and endure! I say this to everyone who has trouble believing you can live without sex. A relationship doesn't depend on satisfying one's sexual desires, but on the strong bond of love that joins two people. Only*

*by walking with Jesus can we overcome sin! He is our Way, our Truth, and our Life! He is our strength. He pours His love into our hearts every day. Jesus, I trust in You! Martha;*

*Today I am joining MPH. I agree to stick to the promises of the Prayer of Pure Hearts. If I commit a serious sin, I will go to confession as often as is needed. I want Jesus to teach me to love with a pure heart. Monica;*

*We also would like to share our happiness with you. Since it is Jesus who brought us together, we have pledged Him our chaste hearts at the shrine of Our Lady of Czestochowa. We've known each other for only four months, and our time together is all the more precious since we are attending schools that are miles apart. Still, God's love is never far away, and we can always count on it! Please enroll us as members of MPH. In the meantime, we will recruit new members for this beautiful community. Maggie & Bart;*

*After many months of inner struggle and doubt, I have finally decided I want to be enrolled in MPH. Certain events in my life have convinced me that I should not delay. Life with Jesus is much more beautiful, colorful, soulful. [...] It is hard for me to find words for what I am feeling. It is as if a whole new chapter in my life was opening up. I am happy to be a member of MPH. I am leaving all kind of addictions behind me. I've become a new person. Thank you for your magazine. It has brought so much good into my life. Agatha;*

*We want very much to join MPH. It is the only way we can be cured of the sin of impurity. Unfortunately, we have gone astray. We believe this pledge will heal our hearts. We will make reparation for the evil we have committed. Cesar & Agatha;*

*I want very much to inform you of a great and joyful event. I have decided to join MPH. I know there is no better way of growing in Love than through Jesus and His Mother. Thanks to you I discovered several years ago what a great gift pure hearts are, and I thank you for it! Emily.*

Dear readers! Jesus uses the first stage of our journey with MPH to cure our hearts of all wounds and addictions. Do not become discouraged. A cure requires much patience, and can take a long time. If you offer your heart to Jesus, you can count on a cure. But you must meet the following conditions: start every day



by committing yourself to Jesus and Mary. Make prayer, work (study), and rest regular parts of your daily schedule. Where prayer is concerned, develop a personal contact with Jesus and Mary. Get to know Blessed Karolina Kozkowna, Mother Teresa, St. Faustina, Father Pio, and others. Be demanding of yourself. We suggest saying the Prayer of Pure Hearts every day, praying a decade or two of the rosary, reading a passage from scripture, spending time before the Blessed Sacrament, and frequent reception of the Eucharist. Monthly confession is extremely important, and do not hesitate to go more often if you have committed a serious sin. Whatever you do, put your whole heart into it. Study hard, but remember to balance this with wholesome recreation and a dose of fresh air. Practice a sport that you enjoy. Do not waste time

be kept in the foreground. It is all the more important when circumstances would have you tolerate evil, make light of it, especially when others behave this way. My dear friends! The task of putting up a decisive resistance to the process of moral disintegration falls on you – resistance to social evils that I shall not mention by name, but which you know very well. You must demand this of yourself, even if others do not do so. [...] And so, be vigilant! While praying in the Garden Christ told his apostles: *Watch and pray that you do not fall into temptation* (Mt. 26:4). *Being vigilant also means being mindful of others. Do not close yourselves up in the narrow compass of your own interests and views. Vigilance means loving one's neighbor. It means fundamental solidarity with the human race* (18 June 1983).



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watching mindless TV shows. Try to fast in some way on Wednesdays and Fridays.

The Holy Father asks young people to be watchful and vigilant. "What does it mean to be 'vigilant'? – he asks – It means being a person of conscience. It means you do not try to silence or deform the voice of your conscience. Vigilance means calling good good and evil evil, without blurring the two. It means developing the good, and correcting, overcoming the evil in you. This is a matter of fundamental importance that cannot be downplayed or pushed to the background. On the contrary, it must always and everywhere

Dear readers! Our Lord is delighted by your decision to join the Movement of Pure Hearts. **Who is eligible to join?** Anyone who wishes to offer his heart to Jesus and be taught to love with a pure love. **What is expected of me?** A sincere readiness to keep the promises contained in the Prayer of Pure Hearts. **What happens if I should fail?** You will immediately go to confession, and so restore yourself to a state of sanctifying grace. **When can I join MPH?** Any time! First go to confession, and then, after receiving Holy Communion, say the following prayer:

## The Prayer of Pure Hearts

Lord Jesus, I am thankful that You love me with a love that rights the greatest wrongs and heals the most hurtful wounds. Cleanse my heart of any evil that prevents me from knowing and enjoying the gift of pure love. Lord, I give You my memory, my mind, my soul, my body, my sexuality; I promise not to engage in sexual acts until I am united by the Sacrament of Marriage. From this day on, I will not read, buy, or watch pornographic materials. I solemnly promise to pray every day, to read the Holy Bible, to go to Confession regularly, to receive Holy Communion as often as possible, and to live my life according to the Ten Rules of the Crusade for Love. Lord Jesus, be the one master of my life. Teach me to control my sexual desires and emotions. Help me avoid everything that weakens and enslaves the will: cigarettes, alcohol, and drugs. Teach me to make love the most important part of my life. Blessed Virgin, my Mother, lead me along the paths of faith, to the very source of Love, to Jesus, that I may trust in Him only, and believe in Him alone. Amen!

Since a commitment to Jesus is a momentous event, we ask that you inform us of yours. In return, we will send you a special blessing, and enroll you in the Book of Pure Hearts.

Our Lord thanks you for all the personal testimonies you continue to send us. Please continue to share the treasure of your faith with others. Tell us about your struggles with evil, your failures and victories.

We ask all members of MPH to pray daily for one another and the intentions of our publishing apostolate. We, on our part, assure you of our continuing prayers for you. Sincerest greetings to each one of you. May Jesus be born ever anew in our hearts through faith worked out in love.

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**Love One Another**

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